



# Multicultural Familia

Celebrating modern families.

## MulticulturalFamilia.com TweetChat Archive for Monday, July 18, 2011

<http://www.tweetchat.com/rooms/mculturalfam>

**Topic: Internalized Racism**

mculturalfam Join us TONIGHT @ 7pm ET! Biweekly Tweetchat: 'Internalized Racism' {July 18} <http://t.co/q4v7WOZ> @mculturalfam #mculturalfam -2:40 PM Jul 18th, 2011

RubyDW RT @mculturalfam: Join us TONIGHT @ 7pm ET! Biweekly Tweetchat: 'Internalized Racism' {July 18} <http://t.co/q4v7WOZ> @mculturalfam #mculturalfam -5:19 PM Jul 18th, 2011

mculturalfam Countdown! 30 minutes until our 'internalized racism' (self-doubt/hate caused by racism) tweetchat! <http://bit.ly/klhWTq> #mculturalfam -5:32 PM Jul 18th, 2011

mculturalfam Countdown! 30 minutes until our internalized racism tweetchat! <http://bit.ly/klhWTq> @itycpodcast is hosting! #mculturalfam -5:33 PM Jul 18th, 2011

mculturalfam @modernmami @fanshen @hdurrow Tweetchat reminder: 30 minutes until we start! <http://bit.ly/klhWTq> @itycpodcast is hosting! #mculturalfam -5:35 PM Jul 18th, 2011

mculturalfam @euphorialuv @soniapeoples Tweet chat reminder: 30 minutes until we start! <http://bit.ly/klhWTq> @itycpodcast is hosting! #mculturalfam -5:37 PM Jul 18th, 2011

mculturalfam RT @ITYCPODCAST Almost 15 minutes until @mculturalfam Tweet Chat about "Internalized Racism!" <http://t.co/v8x6cTl> #mculturalfam -5:45 PM Jul 18th, 2011

ITYCPODCAST About 5 minutes until we start the Tweet Chat! <http://bit.ly/klhWTq> #mculturalfam -5:53 PM Jul 18th, 2011

RubyDW @ITYCPODCAST hello there :) #mculturalfam -5:55 PM Jul 18th, 2011

mculturalfam Great to see you! ;) Thanks for hosting! RT @ITYCPODCAST: About 5 minutes until we start the Tweet Chat! <http://bit.ly/klhWTq> #mculturalfam -5:55 PM Jul 18th, 2011

RubyDW RT @ITYCPODCAST: About 5 minutes until we start the Tweet Chat! <http://bit.ly/klhWTq> #mculturalfam -5:55 PM Jul 18th, 2011

mculturalfam Hey! You're such a faithful Tweeter! TY for always supporting our chats! RT @RubyDW: @ITYCPODCAST hello there :) #mculturalfam -5:56 PM Jul 18th, 2011

mculturalfam RT @RubyDW: RT @ITYCPODCAST: About 5 minutes until we start the Tweet Chat! <http://bit.ly/klhWTq> #mculturalfam -5:56 PM Jul 18th, 2011

ITYCPODCAST Thanks @mculturalfam! So excited (and a little nervous) #mculturalfam -5:57 PM Jul 18th, 2011

ITYCPODCAST Hi @RubyDW! #mculturalfam -5:57 PM Jul 18th, 2011

mculturalfam @RubyDW Love all your input! :) #mculturalfam -5:57 PM Jul 18th, 2011

jenmardunc Tweetchat starting in a few minutes using hashtag #mculturalfam Topic: internalized #racism. Hosted by @ITYCPODCAST -5:57 PM Jul 18th, 2011

mculturalfam You'll do great! :) RT @ITYCPODCAST: Thanks @mculturalfam! So excited (and a little nervous) #mculturalfam -5:58 PM Jul 18th, 2011

RubyDW @mculturalfam :) my pleasure #mculturalfam -5:58 PM Jul 18th, 2011

mculturalfam MT @jenmardunc: Tweetchat starting in a few mins @ hashtag #mculturalfam Topic: internalized #racism. Hosted by @ITYCPODCAST #mculturalfam -5:58 PM Jul 18th, 2011

mculturalfam You'll do great! :) RT @ITYCPODCAST: Thanks @mculturalfam! So excited (and a little nervous) #mculturalfam -5:58 PM Jul 18th, 2011

RubyDW @mculturalfam :) my pleasure #mculturalfam -5:58 PM Jul 18th, 2011

mculturalfam MT @jenmardunc: Tweetchat starting in a few mins @ hashtag #mculturalfam Topic: internalized #racism. Hosted by @ITYCPODCAST #mculturalfam -5:58 PM Jul 18th, 2011

modernmami Will be joining on/off #mculturalfam chat at 7ET on internalized racism. Hoping to participate as much as I can before bed time for kids. ;) -5:59 PM Jul 18th, 2011

ITYCPODCAST Thanks @mculturalfam! 1 minute! #mculturalfam -5:59 PM Jul 18th, 2011

ITYCPODCAST Hi @modernmami! Glad you'll be joining us! #mculturalfam -5:59 PM Jul 18th, 2011

LatinaLeader RT @mculturalfam: Starting the Tweet Chat on internalized racism! <http://bit.ly/klhWTq> #mculturalfam -5:59 PM Jul 18th, 2011

mculturalfam @modernmami Great! Looking forward to chatting with you! <3 #mculturalfam -5:59 PM Jul 18th, 2011

mculturalfam RT @LatinaLeader: RT @mculturalfam: Starting the Tweet Chat on internalized racism! <http://>

bit.ly/klhWTq #mcultralfam -6:00 PM Jul 18th, 2011

ITYCPODCAST Hi all! Welcome to the Tweet Chat! #mcultralfam -6:00 PM Jul 18th, 2011

mcultralfam RT @ITYCPODCAST: Hi all! Welcome to the Tweet Chat! #mcultralfam -6:00 PM Jul 18th, 2011

ITYCPODCAST I thought we could start with a definition of internalized racism to get started. #mcultralfam -6:00 PM Jul 18th, 2011

LatinaLeader Glad to be here, and participate in this kind of discussion. Will be interested to see how it goes on Twitter... :) #mcultralfam -6:01 PM Jul 18th, 2011

ITYCPODCAST 1. The process by which a person of color accepts the definition of him/herself that the white supremacy system has created. #mcultralfam -6:01 PM Jul 18th, 2011

jenmardunc Hello! Good to be here! #mcultralfam -6:01 PM Jul 18th, 2011

mcultralfam RT @ITYCPODCAST: I thought we could start with a definition of internalized racism to get started. #mcultralfam -6:01 PM Jul 18th, 2011

ITYCPODCAST 2. The treatment of persons of color by persons of color similar to treatment accorded by whites to persons of color. #mcultralfam -6:01 PM Jul 18th, 2011

ITYCPODCAST 3. The acceptance by persons of color of Euro centric values These all come from the Antiracist Workshop. #mcultralfam -6:01 PM Jul 18th, 2011

mcultralfam @LatinaLeader So glad to see in the discussion! Thanks for joining us! #mcultralfam -6:02 PM Jul 18th, 2011

LatinaLeader Another def of internalized racism is when one, consciously or not, sees members of his/her own group with a negative lens. #mcultralfam -6:02 PM Jul 18th, 2011

ITYCPODCAST Hi @jenmardunc. I just tweeted 3 definitions for internalized racism. #mcultralfam -6:02 PM Jul 18th, 2011

ITYCPODCAST I agree @LatinaLeader-that's a great defintion. #mcultralfam -6:02 PM Jul 18th, 2011

mcultralfam MT @LatinaLeader: ..internalized racism- when one, consciously or not, sees members of his/her own group with a negative lens. #mcultralfam -6:03 PM Jul 18th, 2011

ITYCPODCAST @Latinaleader makes great point. What do you think of when you hear the words internalized racism? #mcultralfam -6:03 PM Jul 18th, 2011

mcultralfam I agree! Excellent breakdown! RT @ITYCPODCAST: I agree @LatinaLeader-thats a great defintion.

#mcultralfam -6:03 PM Jul 18th, 2011

LatinaLeader RT @ITYCPODCAST: Internalized racism 1. Process by which a POC accepts def of him/herself that the white system has created. #mcultralfam -6:03 PM Jul 18th, 2011

mcultralfam RT @ITYCPODCAST: Internalized racism 1. Process by which a POC accepts def of him/herself that the white system has created. #mcultralfam -6:04 PM Jul 18th, 2011

RubyDW To me is the characteristics that make us different from a certain race and those who refuse to associate w us #mcultralfam -6:04 PM Jul 18th, 2011

ITYCPODCAST I think internalized racism (IR) can be a reflex-an unconcious one or even a concious one. #mcultralfam -6:04 PM Jul 18th, 2011

LatinaLeader RT @ITYCPODCAST: Internalized racism def 3. Acceptance by POC of Euro centric values (from the Antiracist Workshop) #mcultralfam -6:05 PM Jul 18th, 2011

mcultralfam True! RT @ITYCPODCAST: I think internalized racism (IR) can be a reflex-an unconcious one or even a concious one. #mcultralfam -6:05 PM Jul 18th, 2011

ITYCPODCAST RT @RubyDW: To me is the characteristics that make us different from a certain race and those who refuse to associate w us #mcultralfam -6:05 PM Jul 18th, 2011

LatinaLeader The reason internalized racism (IR) is so dangerous (IMO) is because it is so unconscious and thereby has us 'accept facts' or #mcultralfam -6:06 PM Jul 18th, 2011

mcultralfam @ITYCPODCAST For my husband, he begins to believe what society says he is, & feel doubt in his abilities... #mcultralfam -6:06 PM Jul 18th, 2011

ITYCPODCAST If we think of white supremacy/racism as invisible conditioning, it can be a part of all of us whether we know it or not. #mcultralfam -6:06 PM Jul 18th, 2011

LatinaLeader IR also leads us to lose our creativity, our 'world traveling', our other ways of thinking/being... #mcultralfam -6:06 PM Jul 18th, 2011

mcultralfam RT @ITYCPODCAST: Internalized racism def 3. Acceptance by POC of Euro centric values (from the Antiracist Workshop) #mcultralfam -6:06 PM Jul 18th, 2011

modernmami @itycpodcast Hi there! Will try my best! #mcultralfam -6:06 PM Jul 18th, 2011

MidyAponte RT @LatinaLeader: The reason internalized racism (IR) is so dangerous (IMO) is because it is so unconscious and thereby has us 'accept facts' or #mcultralfam -6:07 PM Jul 18th, 2011

mcultralfam MT @LatinaLeader: The reason (IR) is so dangerous (IMO) is because it is so unconscious and

thereby has us accept facts.. #miculturalfam -6:07 PM Jul 18th, 2011

MidyAponte RT @LatinaLeader: IR also leads us to lose our creativity, our 'world traveling', our other ways of thinking/being... #miculturalfam -6:07 PM Jul 18th, 2011

LatinaLeader Yes! RT @ITYCPODCAST: If white supremacy/racism is invisible conditioning, IR is part of all of us whether we know it r not. #miculturalfam -6:07 PM Jul 18th, 2011

ITYCPODCAST @miculturalfam That self doubt is killer. Lot's of students of color feel it in the academic setting. That's where I felt it. #miculturalfam -6:07 PM Jul 18th, 2011

miculturalfam @LatinaLeader So true, you begin to believe that you can only meet what others' expectations allow... #miculturalfam -6:07 PM Jul 18th, 2011

ITYCPODCAST @modernmami Great! We're talking definitons of IR (internalized racism) #miculturalfam -6:08 PM Jul 18th, 2011

miculturalfam RT @ITYCPODCAST: That self doubt is killer. Lots of students of color feel it in the academic setting. Thats where I felt it. #miculturalfam -6:08 PM Jul 18th, 2011

LatinaLeader I put 'accept facts' in quotes bc in relation to IR we think we have to accept others' definition otherwise you're just crazy #miculturalfam -6:08 PM Jul 18th, 2011

modernmami RT @ITYCPODCAST: I think internalized racism (IR) can be a reflex-an unconcious one or even a conscious one. #miculturalfam -6:08 PM Jul 18th, 2011

ITYCPODCAST How has everyone confronted internalized racism their own lives? #miculturalfam -6:09 PM Jul 18th, 2011

MidyAponte RT @LatinaLeader: I put 'accept facts' in quotes bc in relation to IR we think we have to accept others' definition otherwise you're just crazy #miculturalfam -6:09 PM Jul 18th, 2011

jenmardunc Academic settings are where it happens. I see fellow teachers who have lower expectations for kids of color. #miculturalfam -6:09 PM Jul 18th, 2011

miculturalfam @ITYCPODCAST Exactly! For my hubs, it kept him from achieving, thinking he didn't deserve it or wasn't "smart" & "hardworking" #miculturalfam -6:09 PM Jul 18th, 2011

miculturalfam RT @jenmardunc: Academic settings are where it happens. I see fellow teachers who have lower expectations for kids of color. #miculturalfam -6:09 PM Jul 18th, 2011

RubyDW RT @LatinaLeader: I put accept facts in quotes..we think we have to accept others definition otherwise youre just crazy< agree #miculturalfam -6:09 PM Jul 18th, 2011

jenmardunc When teachers have lower expectations, it becomes a self-fulfilling prophesy #mculturfam -6:09 PM Jul 18th, 2011

ITYCPODCAST @jenmardunc Yes. Teacher's lowered expectations is a big problem. Totally affects students. #mculturfam -6:10 PM Jul 18th, 2011

mcultrfam RT @ITYCPODCAST: Q2: How has everyone confronted internalized racism their own lives? #mcultrfam -6:10 PM Jul 18th, 2011

mcultrfam Yes! RT @ITYCPODCAST: @jenmardunc Yes. Teachers lowered expectations is a big problem. Totally affects students. #mcultrfam -6:10 PM Jul 18th, 2011

LatinaLeader I see IR when I settle for what I get and think 'wow! that's great' (and it is), but am scared to hope for more... #mcultrfam -6:10 PM Jul 18th, 2011

ITYCPODCAST RT @LatinaLeader:I see IR when I settle for what I get and think wow! thats great (and it is), but am scared to hope for more. #mcultrfam -6:11 PM Jul 18th, 2011

mcultrfam True! RT @LatinaLeader: I put accept facts in quotes..we think we have to accept others definition otherwise youre just crazy #mcultrfam -6:11 PM Jul 18th, 2011

LatinaLeader IR also has us either 'making excuses' for our families or 'looking down' on them. Ouch on both sides! #mcultrfam -6:11 PM Jul 18th, 2011

mcultrfam RT @LatinaLeader: I see IR when I settle for what I get and think wow! thats great (& it is) but am scared to hope for more... #mcultrfam -6:11 PM Jul 18th, 2011

RubyDW @mcultrfam but then at the same time if you do get into higher ed. they feel "you think you are higher then them" NOT TRUE #mcultrfam -6:11 PM Jul 18th, 2011

mcultrfam RT @LatinaLeader: IR also has us either making excuses for our families or looking down on them. Ouch on both sides! #mcultrfam -6:11 PM Jul 18th, 2011

Wandermania This Internalized Racism you're talking about sounds like a fancy word for low self-esteem. #mcultrfam -6:11 PM Jul 18th, 2011

RubyDW YES! RT @LatinaLeader: IR also has us either making excuses for our families or looking down on them. Ouch on both sides! #mcultrfam -6:11 PM Jul 18th, 2011

mcultrfam @LatinaLeader You're so right...great insights amiga. <3 #mcultrfam -6:12 PM Jul 18th, 2011

ITYCPODCAST @Wandermania There's a little more to it than that. #mculculturalfam -6:12 PM Jul 18th, 2011

RubyDW sidenote when asked what IR is dont get offended w my example. if you cant handle to talk about race dont ask... #FAMtripping #mculculturalfam -6:12 PM Jul 18th, 2011

ITYCPODCAST @wandermania seems to think this is simple low self-esteem. Thoughts? #mculculturalfam -6:12 PM Jul 18th, 2011

mculculturalfam Not quite..a deep topic... RT @Wandermania: This IR youre talking about sounds like a fancy word for low self-esteem. #mculculturalfam -6:13 PM Jul 18th, 2011

OneBrownGirl @itycpodcast How is it different? #mculculturalfam -6:13 PM Jul 18th, 2011

LatinaLeader That's part of it, but in societal context RT @Wandermania Internalized Racism sounds like a fancy word for low self-esteem. #mculculturalfam -6:13 PM Jul 18th, 2011

ITYCPODCAST I think the structural element to IR makes it different. Institutions, laws, etc have perpetuated the feelings of IR. #mculculturalfam -6:13 PM Jul 18th, 2011

mculculturalfam @wandermania You're right though, that it is self-doubt, but also makes you question so much more... #mculculturalfam -6:14 PM Jul 18th, 2011

jenmardunc @Wandermania It is a low self-esteem that has been passed on from one generation to the next. Accepted w/o question #mculculturalfam -6:14 PM Jul 18th, 2011

mculculturalfam @OneBrownGirl @itycpodcast When we talk about IR we're talking about systems that make POC believe they are inferior... #mculculturalfam -6:15 PM Jul 18th, 2011

LatinaLeader IR is more than just 'feelings' - it's behaviors, actions and a structure that work together to influence/build more behav... #mculculturalfam -6:15 PM Jul 18th, 2011

OneBrownGirl sorry. i had to change my dress. lol i am @wandermania in my @onebrowngirl dress. #mculculturalfam -6:15 PM Jul 18th, 2011

jenmardunc @ITYCPODCAST That is the key--the fact that it is perpetuated everywhere #mculculturalfam -6:15 PM Jul 18th, 2011

ITYCPODCAST @mculculturalfam So true. It's about the systems that perpetuate and support the IR. #mculculturalfam -6:15 PM Jul 18th, 2011

OneBrownGirl I don't get the difference...but I'm watching. =) #mculculturalfam -6:16 PM Jul 18th, 2011

mculculturalfam @OneBrownGirl @itycpodcast Issues that lead to skin bleaching, hating natural hair, unable to achieve success. #mculculturalfam -6:16 PM Jul 18th, 2011

LatinaLeader But we're talking about Internalized Racism, not Institutional Racism, so it's the internal views we have of our own groups. #mculculturalfam -6:16 PM Jul 18th, 2011

OneBrownGirl @mculculturalfam @OneBrownGirl @itycpodcast Also known as low self-esteem, IMHO. #mculculturalfam -6:17 PM Jul 18th, 2011

mculculturalfam RT @LatinaLeader: But were talking about IR, not Institutional Racism, so its the internal views we have of our own groups. #mculculturalfam -6:17 PM Jul 18th, 2011

ITYCPODCAST @LatinaLeader IR is very much a part of Institutionalized Racism though-don't you think? #mculculturalfam -6:17 PM Jul 18th, 2011

jenmardunc @OneBrownGirl IMO Low self-esteem is one person feeling bad about themselves. IR is feeling bad about their entire race culture #mculculturalfam -6:18 PM Jul 18th, 2011

LatinaLeader So as a Mex-Am, IR would have me look at the statistics in the media and state 'it's their fault' w/o looking at context #mculculturalfam -6:18 PM Jul 18th, 2011

140SocialWomen RT @LatinaLeader: But we're talking about Internalized Racism, not Institutional Racism, so it's the internal views we have of our own groups. #mculculturalfam -6:18 PM Jul 18th, 2011

mculculturalfam @OneBrownGirl Ok, glad you're listening in. ;) #mculculturalfam -6:18 PM Jul 18th, 2011

mculculturalfam RT @LatinaLeader: So as a MA, IR would have me look at the stats in the media & state its their fault w/o looking at context #mculculturalfam -6:19 PM Jul 18th, 2011

ITYCPODCAST If racsim/white supremacy posits that "white is right" and creates systems to support that worldview, those outside of the #mculculturalfam -6:19 PM Jul 18th, 2011

LatinaLeader Ex: Since I'm a 'success story' people look at me and say, 'see, you did it -anyone can' and I know I was LUCKY! #mculculturalfam -6:19 PM Jul 18th, 2011

OneBrownGirl @jenmardunc @OneBrownGirl Aaaaah, now that I can see. #mculculturalfam -6:19 PM Jul 18th, 2011

ITYCPODCAST worldview will develop some internalized feelings about not "measuring up" to the fictitious bar. #mculculturalfam -6:19 PM Jul 18th, 2011

LatinaLeader Not to dismiss my own contrib, but it's out of context for someone to see my story and then blame those that don't 'make it' #mculculturalfam -6:19 PM Jul 18th, 2011

OneBrownGirl Happy to know that I don't suffer from IR. Thanks for the feedback. Enjoy your evening. =) #mculculturalfam -6:20 PM Jul 18th, 2011



ITYCPODCAST @LatinaLeader So true. It's those "exceptions to the rule" that get tricky. #mcultralfam -6:21 PM Jul 18th, 2011

YamilethMedina RT @LatinaLeader: Ex: Since I'm a 'success story' people look at me and say, 'see, you did it - anyone can' and I know I was LUCKY! #mcultralfam -6:21 PM Jul 18th, 2011

ITYCPODCAST For Q3 I'd like to know if people have accused you of self-hate for being in an IR relationship? #mcultralfam -6:22 PM Jul 18th, 2011

jenmardunc @LatinaLeader That's that whole American notion of pulling yourself up by the bootstraps--not possible 4 all. #mcultralfam -6:22 PM Jul 18th, 2011

ITYCPODCAST RT @jenmardunc: @LatinaLeader That's that whole American notion of pulling yourself up by the bootstraps--not possible 4 all. #mcultralfam -6:23 PM Jul 18th, 2011

mcultralfam @OneBrownGirl Thanks for joining in! We'll definitely have to write about his more on @mcultralfam Hope the def helped! :) #mcultralfam -6:23 PM Jul 18th, 2011

ITYCPODCAST @jenmardunc @LatinaLeader So true. People miss the mark if they think IR is a simple self-esteem issue. #mcultralfam -6:23 PM Jul 18th, 2011

ITYCPODCAST RT: For Q3 I'd like to know if people have accused you of self-hate for being in an IR relationship? #mcultralfam -6:24 PM Jul 18th, 2011

LatinaLeader RT @jenmardunc @OneBrownGirl IMO Low self-esteem is 1 person feeling bad abt themselves. IR is feeling bad abt entire race/cult #mcultralfam -6:24 PM Jul 18th, 2011

mcultralfam RT @LatinaLeader: Ex: Since I'm a success story people look at me and say, see, you did it - anyone can and I know I was LUCKY! #mcultralfam -6:24 PM Jul 18th, 2011

mcultralfam RT @ITYCPODCAST: @jenmardunc @LatinaLeader So true. People miss the mark if they think IR is a simple self-esteem issue. #mcultralfam -6:24 PM Jul 18th, 2011

ITYCPODCAST @OneBrownGirl Thanks for the input! I'd love to know more about your thoughts on the topic! #mcultralfam -6:25 PM Jul 18th, 2011

mcultralfam RT @LatinaLeader That's that whole American notion of pulling yourself up by the bootstraps--not possible 4 all. #mcultralfam -6:25 PM Jul 18th, 2011

mcultralfam Yes! <3 RT @OneBrownGirl IMO Low self-esteem is 1 person feeling bad abt themselves. IR is feeling bad abt entire race/cult #mcultralfam -6:25 PM Jul 18th, 2011

mcultralfam @LatinaLeader @jenmardunc @OneBrownGirl But also, add racism to the mix, limited access to

jobs, etc+ feeling it's your fault #mcculturalfam -6:26 PM Jul 18th, 2011

mcculturalfam RT @ITYCPODCAST: RT: For Q3 I'd like to know if people have accused you of self-hate for being in an IR relationship? #mcculturalfam -6:27 PM Jul 18th, 2011

OneBrownGirl @mcculturalfam @jenmardunc gave that description. =) #mcculturalfam -6:27 PM Jul 18th, 2011

ITYCPODCAST @onebrowngirl You are so right. There's always a big picture aspect to IR. Not just individual issue. Racism works the same. #mcculturalfam -6:27 PM Jul 18th, 2011

mcculturalfam Sorry for the mixup! ;) RT @OneBrownGirl: @mcculturalfam @jenmardunc gave that description. =) #mcculturalfam -6:27 PM Jul 18th, 2011

jenmardunc @OneBrownGirl 8-) #mcculturalfam -6:28 PM Jul 18th, 2011

ITYCPODCAST @mcculturalfam @OneBrownGirl @jenmardunc I did the same thing! #mcculturalfam -6:28 PM Jul 18th, 2011

mcculturalfam LOL! oops! RT @ITYCPODCAST: @mcculturalfam @OneBrownGirl @jenmardunc I did the same thing! #mcculturalfam -6:28 PM Jul 18th, 2011

ITYCPODCAST At any rate, @jenmardunc is right. It's not abt. the individual. It's the collective internalization of the crap dumped on #mcculturalfam -6:29 PM Jul 18th, 2011

ITYCPODCAST Your group by white supremacy/racism. #mcculturalfam -6:29 PM Jul 18th, 2011

mcculturalfam @ITYCPODCAST A3: For my family, they think I hate whites, want to BE MEXICAN! So frustrating! #mcculturalfam -6:29 PM Jul 18th, 2011

getgln RT @jenmardunc: When teachers have lower expectations, it becomes a self-fulfilling prophesy #mcculturalfam -6:29 PM Jul 18th, 2011

RubyDW RT @mcculturalfam: @ITYCPODCAST A3: For my family, they think I hate whites, want to BE MEXICAN! So frustrating! << crazy! #mcculturalfam -6:30 PM Jul 18th, 2011

ITYCPODCAST @mcculturalfam That's so crazy re Q3! #mcculturalfam -6:30 PM Jul 18th, 2011

jenmardunc No problem on the RT credit--as long as it gets out there who cares where it came from ;) #mcculturalfam -6:31 PM Jul 18th, 2011

ITYCPODCAST People often believe that dating outside of one's race is a form of IR on some level. #mcculturalfam -6:32 PM Jul 18th, 2011

ITYCPODCAST Does anyone believe internalized racism plays a part in one's choice of partner? #mcculturalfam -

6:33 PM Jul 18th, 2011

mculturalfam Yes...both our fams do! RT @ITYCPODCAST: People often believe that dating outside of ones race is a form of IR on some level. #mculturalfam -6:33 PM Jul 18th, 2011

mculturalfam IK! It's been rough. Hubs family thinks the same way... RT @ITYCPODCAST: @mculturalfam Thats so crazy re Q3! #mculturalfam -6:34 PM Jul 18th, 2011

jenmardunc @ITYCPODCAST I've read interviews with Common and Jill Scott: they feel people who date outside their race hate themselves #mculturalfam -6:34 PM Jul 18th, 2011

ITYCPODCAST MT @mculturalfam: Yes...both our fams do! (That's something.) #mculturalfam -6:34 PM Jul 18th, 2011

ITYCPODCAST @jenmardunc I've read those articles too. I think that lots of people feel that way-esp if one's partner is white. #mculturalfam -6:35 PM Jul 18th, 2011

aquamommy I believe there are definitely instances where self hatred causes people to date outside of there race exclusively, #mculturalfam -6:35 PM Jul 18th, 2011

aquamommy Cont, and that crosses all racial lines. #mculturalfam -6:36 PM Jul 18th, 2011

aquamommy Not exclusive to blacks #mculturalfam -6:36 PM Jul 18th, 2011

ITYCPODCAST @aquamommy Hey lady! I think you're right-some people do manifest their IR that way. #mculturalfam -6:36 PM Jul 18th, 2011

RubyDW : @ITYCPODCAST Ive read interviews w/ Common& Jill Scott: they feel people who date outside their race hate themselves< :( sad #mculturalfam -6:36 PM Jul 18th, 2011

ITYCPODCAST @aquamommy So true-not just exclusive to black people. #mculturalfam -6:37 PM Jul 18th, 2011

ITYCPODCAST I think that the way we've normalized the very idea of race plays part in this thinking across the board. #mculturalfam -6:37 PM Jul 18th, 2011

ITYCPODCAST We think it's natural that our worlds are very segregated when nothing could be further from the truth. #mculturalfam -6:38 PM Jul 18th, 2011

jenmardunc @aquamommy I agree. Definitely crosses all racial lines. #mculturalfam -6:38 PM Jul 18th, 2011

flawur ive never givin my opinion on interracial relationships because i haven't been in one since high school... i know back then #mculturalfam -6:39 PM Jul 18th, 2011

mculturalfam Sorry, busy with my toddler...will pop in here and there. ;) #mculturalfam -6:40 PM Jul 18th, 2011

ITYCPODCAST @jenmardunc @aquamommy To that point, it's possible that everyone carries some IR, it may manifest in different ways. #mculculturalfam -6:40 PM Jul 18th, 2011

flawur race was not something that ever crossed my mind consciously but i also did have a lot of internalized hate towards who i was #mculculturalfam -6:40 PM Jul 18th, 2011

ITYCPODCAST @flawur Why do you think you had internalized self-hate? #mculculturalfam -6:40 PM Jul 18th, 2011

flawur i hated dating latinos because of the things i had accepted were true of Latinos. I always dated Black guys because I didn't #mculculturalfam -6:41 PM Jul 18th, 2011

mculculturalfam RT @ITYCPODCAST: Does anyone believe internalized racism plays a part in ones choice of partner? #mculculturalfam -6:41 PM Jul 18th, 2011

flawur want to be a complete sell out as my friends and family would of put it. #mculculturalfam -6:41 PM Jul 18th, 2011

ITYCPODCAST @flawur I've heard people say that before. IR-dating btw people of color more acceptable than dating white. #mculculturalfam -6:42 PM Jul 18th, 2011

mculculturalfam RT @flawur: ...didn't want to be a complete sell out as my friends and family would of put it. #mculculturalfam -6:43 PM Jul 18th, 2011

mculculturalfam RT @ITYCPODCAST: @flawur Ive heard people say that before. IR-dating btw people of color more acceptable than dating white. #mculculturalfam -6:43 PM Jul 18th, 2011

ITYCPODCAST Q:4 How can we combat internalized racism? #mculculturalfam -6:44 PM Jul 18th, 2011

mculculturalfam RT @ITYCPODCAST: Q:4 How can we combat internalized racism? #mculculturalfam -6:44 PM Jul 18th, 2011

mculculturalfam Education, realizing our worth, finding success! RT @ITYCPODCAST: Q:4 How can we combat internalized racism? #mculculturalfam -6:45 PM Jul 18th, 2011

aquamommy Q4, education, self love, appreciation, acceptance. Has anyone seen 'Good Hair'? #mculculturalfam -6:46 PM Jul 18th, 2011

ITYCPODCAST I think if we really understand exactly what and how racism works we can tackle IR. Can't separate the two. #mculculturalfam -6:46 PM Jul 18th, 2011

mculculturalfam RT @aquamommy: Q4, education, self love, appreciation, acceptance. Has anyone seen Good Hair? #mculculturalfam -6:46 PM Jul 18th, 2011

jenmardunc Q4: I think that's where self-esteem comes into play. Gotta build it up! Need lots of positive role models #mculturfam -6:46 PM Jul 18th, 2011

mcultralfam RT @ITYCPODCAST: I think if we really understand exactly what and how racism works we can tackle IR. Cant separate the two. #mcultralfam -6:46 PM Jul 18th, 2011

profragsdale RT @mcultralfam: RT @aquamommy: Q4, education, self love, appreciation, acceptance. Has anyone seen Good Hair? #mcultralfam -6:46 PM Jul 18th, 2011

jenmardunc @aquamommy I've seen it! And had my daughters watch it too! #mcultralfam -6:47 PM Jul 18th, 2011

LatinaLeader A4: Part of combating internalized racism is becoming more aware of how it manifests-becoming educated about how it works. #mcultralfam -6:47 PM Jul 18th, 2011

ITYCPODCAST @aquamommy I've seen 'Good Hair.' I agree with everyone about education. #mcultralfam -6:47 PM Jul 18th, 2011

ITYCPODCAST RT @jenmardunc: Q4: I think thats where self-esteem comes into play. Gotta build it up! Need lots of positive role models #mcultralfam -6:47 PM Jul 18th, 2011

jenmardunc My daughters sometimes say they want straight hair b/c they want to look more like me (their white mama) Is that IR? #mcultralfam -6:47 PM Jul 18th, 2011

mcultralfam YES! RT @jenmardunc: Q4: I think thats where self-esteem comes into play. Gotta build it up! Need lots of positive role models #mcultralfam -6:47 PM Jul 18th, 2011

ITYCPODCAST Postive role models combat the normalizing of whiteness @jenmardunc. #mcultralfam -6:48 PM Jul 18th, 2011

ITYCPODCAST @LatinaLeader So true. Gotta understand IR's source. #mcultralfam -6:48 PM Jul 18th, 2011

mcultralfam This is ESSENTIAL!!! RT @jenmardunc: Need lots of positive role models #mcultralfam -6:48 PM Jul 18th, 2011

mcultralfam RT @ITYCPODCAST: Postive role models combat the normalizing of whiteness @jenmardunc. #mcultralfam -6:49 PM Jul 18th, 2011

LatinaLeader Yes, saw 'Good Hair' - a good education for me. I really enjoy learning about other cultures/races, in addition to my own. #mcultralfam -6:49 PM Jul 18th, 2011

jenmardunc @ITYCPODCAST I agree, but it gets so confusing when I am the white mama of brown girls. They want to be like me b/c I am mom. #mcultralfam -6:49 PM Jul 18th, 2011

ITYCPODCAST @jenmardunc That's tough. Wanting to be like mama is natural. Tricky indeed in your case!  
#mculturfam -6:51 PM Jul 18th, 2011

ITYCPODCAST If we get kids to understand that whiteness is not the benchmark just a part of a broader range of realities it may help. #mculturfam -6:52 PM Jul 18th, 2011

snkscoyote RT @LatinaLeader: A4: Part of combating internalized racism is becoming more aware of how it manifests-becoming educated about how it works. #mculturfam -6:52 PM Jul 18th, 2011

LatinaLeader I was on other side of that! RT @jenmardunc: @ITYCPODCAST Confusing when a white mama of brown girls. Kids want 2 b like mom. #mculturfam -6:53 PM Jul 18th, 2011

ITYCPODCAST We have about 7 minutes left, does anyone have anything they want to add? Anything we missed?  
#mculturfam -6:54 PM Jul 18th, 2011

RubyDW @LatinaLeader @jenmardunc @ITYCPODCAST it doesn't help when you are told you are what your father is... ive heard that a lot #mculturfam -6:55 PM Jul 18th, 2011

jenmardunc @Sockitmama Good for you! You have to make teachers aware that ALL kids have potential!  
#mculturfam -6:55 PM Jul 18th, 2011

mculturfam RT @ITYCPODCAST: If we get kids to understand that whiteness is not the benchmark just a part of a broader range of realities. #mculturfam -6:55 PM Jul 18th, 2011

mculturfam RT @ITYCPODCAST: We have about 7 minutes left, does anyone have anything they want to add? Anything we missed? #mculturfam -6:56 PM Jul 18th, 2011

ITYCPODCAST @RubyDW In most cultures it's the mom that carries the identity. #mculturfam -6:56 PM Jul 18th, 2011

RubyDW @ITYCPODCAST thats what i thought until i came to east coast n was told your child is blk because daddy is #mculturfam -6:57 PM Jul 18th, 2011

mculturfam RT @ITYCPODCAST: @RubyDW In most cultures its the mom that carries the identity.  
#mculturfam -6:57 PM Jul 18th, 2011

aquamommy Learning the origins and evolutionary purposes of some of physical traits helped me start appreciating them, ie, #mculturfam -6:57 PM Jul 18th, 2011

jenmardunc @LatinaLeader Seems like you've done well w/your cultural identity! #mculturfam -6:57 PM Jul 18th, 2011

RubyDW @ITYCPODCAST however i also learned that if u are blk n white u are blk that white race will never identify u as their own :( #mcultralfam -6:57 PM Jul 18th, 2011

ITYCPODCAST @aquamommy Wow I never thought about that. #mcultralfam -6:57 PM Jul 18th, 2011

aquamommy le high melanin, coarse hair, wide noses, etc #mcultralfam -6:58 PM Jul 18th, 2011

ITYCPODCAST @RubyDW That's true. That's a whole other Tweet Chat! #mcultralfam -6:59 PM Jul 18th, 2011

RubyDW @ITYCPODCAST ya :( #mcultralfam -6:59 PM Jul 18th, 2011

jenmardunc @aquamommy I've been talking w/my kids about some of those features (and calling myself melanin-deficient when I get sunburnt) #mcultralfam -6:59 PM Jul 18th, 2011

ITYCPODCAST @jenmardunc @LatinaLeader Emphasizing actual culture rather than race may help as well to that point! #mcultralfam -6:59 PM Jul 18th, 2011

JennyPellicer RT @LatinaLeader: A4: Part of combating internalized racism is becoming more aware of how it manifests-becoming educated about how it works. #mcultralfam -7:00 PM Jul 18th, 2011

mcultralfam Definitely! RT @ITYCPODCAST: @RubyDW Thats true. Thats a whole other Tweet Chat! #mcultralfam -7:00 PM Jul 18th, 2011

mcultralfam RT @ITYCPODCAST: @jenmardunc @LatinaLeader Emphasizing actual culture rather than race may help as well to that point! #mcultralfam -7:00 PM Jul 18th, 2011

LatinaLeader LOTS of study, self-reflection, learning :) RT @jenmardunc: @LatinaLeader Seems like u've done well w/ur cultural identity! #mcultralfam -7:01 PM Jul 18th, 2011

ITYCPODCAST I can't believe that an hour has gone by! #mcultralfam -7:01 PM Jul 18th, 2011

jenmardunc @ITYCPODCAST Great point! @LatinaLeader #mcultralfam -7:01 PM Jul 18th, 2011

shanselman @ITYCPODCAST Darn, and I missed it! #mcultralfam -7:02 PM Jul 18th, 2011

ITYCPODCAST @shanselman We still have some people chatting! #mcultralfam -7:02 PM Jul 18th, 2011

RubyDW @ITYCPODCAST you did great hosting :) great job! #mcultralfam -7:03 PM Jul 18th, 2011

aquamommy @jenmardunc, lol, that's cute! It's so important that we show our kids the beauty in their features because #mcultralfam -7:03 PM Jul 18th, 2011

aquamommy The media constantly devalues them #mcultralfam -7:03 PM Jul 18th, 2011

LatinaLeader Thank you so much for this awesome discussion! :) #mcululturalfam -7:03 PM Jul 18th, 2011

ITYCPODCAST @LatinaLeader Thank you! #mcululturalfam -7:04 PM Jul 18th, 2011

aquamommy Great job Michelle! #mcululturalfam -7:04 PM Jul 18th, 2011

ITYCPODCAST Thanks to everyone who stopped by! #mcululturalfam -7:04 PM Jul 18th, 2011

jenmardunc Agreed! RT @LatinaLeader: Thank you so much for this awesome discussion! :) #mcululturalfam -7:04 PM Jul 18th, 2011

jenmardunc RT @aquamommy: Great job Michelle! #mcululturalfam -7:05 PM Jul 18th, 2011

ITYCPODCAST @aquamommy Thanks! I'm glad my computer didn't do anything crazy! #mcululturalfam -7:05 PM Jul 18th, 2011

ITYCPODCAST Thanks to every one again and thanks to @mculuturfam for giving me the opp. to guest host! #mcululturalfam -7:05 PM Jul 18th, 2011

ITYCPODCAST Thanks again and enjoy your evening! #mcululturalfam -7:06 PM Jul 18th, 2011